



## Jobsite Safety and the Coronavirus (COVID-19)

*The LIUNA Midwest Region is committed to the health and safety of our workforce and the public. The following recommended guidelines are to help safeguard our members through the COVID-19 outbreak.*

COVID-19 is spread primarily through airborne respiratory droplets during coughing, sneezing and regular breathing. Being in close proximity (less than six feet) to an infected person, especially in enclosed spaces, may result in transmission. Close personal contact, such as touching or shaking hands, or touching an object with the virus on it, followed by touching your mouth, nose or eyes before washing your hands can spread the virus.

### **Symptoms of COVID-19 may appear 2-14 days after exposure to the virus.**

If you have these symptoms or combination of symptoms call your health care provider for further guidance:

- **Cough, Shortness of breath or difficulty breathing, Fever, chills, muscle pain, sore throat, new loss of taste or smell**

### **What You Should Do ,**

- **Stay at home if you are sick.**
- If you experience symptoms while at work, immediately isolate yourself from other workers and contact your supervisor.
- If you have a known exposure to a person with a confirmed case of COVID-19 or suspect you may have been infected but don't yet have symptoms stay home and notify your supervisor.

### **Additional Measures**

- Wash your hands often - with soap and water for at least 20 seconds
- Use hand sanitizer with at least 60 percent alcohol when soap and water are not available.
- Cover your cough and sneeze with a tissue if possible or your upper sleeve or elbow, not your hands. Dispose of tissues in the trash after use.
- Avoid touching your eyes, nose or mouth with unwashed hands.
- STOP hand shaking - use other noncontact methods of greeting.
- Disinfect frequently touched surfaces such as door knobs, tables, handles, rails.
- Observe the 6 foot rule – keep a minimum of six feet between you and your co-worker if at all possible before, during and after work.
- Follow CDC recommendations to wear a facial covering in public places when close proximity to other people may be unavoidable. ***Remember, face masks/cloth face coverings do not protect the wearer, they are intended to protect others from you.***
- Avoid using other workers phones, tools, and equipment, when possible.

### **Jobsite Cleanliness – Maintain Regular Housekeeping Practices**

- Frequently clean and disinfect frequently touched surfaces on the jobsite.
- Tools or equipment that is shared by workers must be cleaned and disinfected before and after use using the appropriate PPE. This may include N95 respirators, disposable gloves, protective clothing and eye protection. Gloves should be discarded after each cleaning.

**If you are required to wear PPE (Personal Protective Equipment):** Workers required to use PPE must be trained. This training includes when to use PPE; what PPE is necessary; how to properly don (put on), use, and doff (take off) PPE; how to properly dispose of or disinfect, inspect for damage, and maintain PPE; and the limitations of PPE.

**CLEAN AND DISINFECT YOUR PPE AFTER EACH USE.**